

AWC Monthly Progress Report (AMPR)

Report for : Thla..... Year.....

PART A

1. AWC chungchang

Sl. No.	AWC chungchang	Hming	Code
i.	State		
ii.	District		
iii.	Project/ Block		
iv.	Veng(Sector)		
v.	Khua (Census code)		
vi.	AWC...../Ward.....(thai √ tur)		
vii.	Eng Health sub-Centre (SC) huamchhungah nge a awm? (Health Sub-Centre No. kha PHC atangin lam tur)		
viii.	Anganwadi Worker (AWW)		
ix.	Health Worker		
x.	Anganwadi Helper (AWH)		

2. (a) Tun thla chung a piang leh thi chinchhiahna kimchang.

Sl. No	Nihna	AWC huamchhunga cheng		AWC huamchhunga cheng nghet ni lo/ mikhual ¹	
		Hmeichhe naupang /Nu	Mipa naupang	Hmeichhe naupang/ Nu	Mipa naupang
A	Dam a piang zat				
B	Nausen thi sa a piang				
C	Nau a pian atanga nithum chhung a buk zat				
D	A chung a nau buk zat atang hian naupiang zang lutuk engzatnge awm? (Gram 2500 aia zang)				
E	Nau pian hlim a thi (nau a pian atanga ni 28 chhung a thi)				
F	Nau apian hnu a thi (Nau a pian atanga ni 29 leh kum khat inkara thi)				

G	Nausen thi zat (E+F belhkhawm)				
H	Naupang thi zawng zawng zat (Kum 1 atanga kum 5 inkar)				
I	Nu thi zat :				
	a. Naupai laiin				
	b. Nau hrin laiin				
	c. Nau hrin atanga ni 42 chhungin				

2(b) Tun thla chhung a nu leh naupang thi (A chung a tlar E, F, H leh I a mi te belhkhawm)

(i) Tun thla chhung a nu naupai lai a thi emaw nau hrin atanga ni 42 chhung a thi.

Chhung -kaw no.	Nu no.	Nu hming	Kum	Engvanga thi nge			Chhungkua a cheng nghet a ni em? (Aw/Aih)	Tih ni, thla leh kum
				Naupai laiin	Nau neih laiin	Nau hrin atanga ni 42 chhung a thi		

(ii) Tun thla chhung a naupang kum 5 hnuailam thi

Chhung -kaw no.	Naupang No.	Naupang hming	Kum	Sex (M/F)	Nutrition-ah eng grade nge a nih?	Chhungkua a cheng nghet a ni em? (Aw/Aih)	Tih ni, thla leh kum

¹AWC huamchhunga cheng nghet ni lo/ mikhual tih hi AWC huamchhunga in report lo. Entirnan, hmeichhia khaw danga fa nei, nau nei tura nu leh pa in a lo haw emaw eizawna avanga awm.

2(c) Nu leh naupang tun thla report pek hma a piang leh thi.

I. Nau piang report loh (Engvang pawha tun thla report siam hma a nau piang report loh)

Chhung-kaw no.	Nau-pang no.	Naupang hming	Sex M/F	Pian ni , Thla leh kum	Pian hlim a rih zawng (in gm)	Chhungku a a cheng nghet a ni em? (AW/Aih)

II. Nu leh naupang tun thla report siam hma a thi report loh.

(a) Tun thla chhung a nu naupai lai emaw nau hrin atanga ni 42 chhung a thi.

Chhung-kaw no.	Hmei chhe no.	Nu hming	Kum	Engvanga thi nge ? (thai √ tur)			Chhungku a a cheng nghet a ni em? (AW/Aih)	Thih ni, thla leh Kum
				Nau pai laiin	Nau neih laiin	Nau hrin atanga ni 42 chhung a thi		

(b) Tun thla chhung a naupang kum 5 hnuailam thi.

Chhung-kaw no.	Nau-pang no.	Naupang hming	Kum	Sex (M/F)	Nutrition ah eng grade nge a nih?	Chhungku a a cheng nghet a ni em? (AW/Aih)	Thih ni, thla leh Kum

3. Tun thla chung a AWC a hming ziah luh thar zat.

Nihna	AWC huamchhung a cheng nghet		AWC huam chung a mikhual	
	Nu/Hmeichhe naupang	Mipa naupang	Nu/Hmeichhe naupang	Mipa naupang
a) Nau pai				
b) Dam a piang				
c) Naupang kum 0- kum 3 (dam a piang tel lovin)				
d) Naupang kum 3-6				

4.a. Supplementary Nutrition leh Pre-School Education (PSE) pek dan

Tun thla chung a AWC hawn ni zat :

	Morning snacks	Chhum hmin sa/RTE	In a hawn(THR)	PSE
Tun thla chung a AWC a pek zat				

4.b. AWC ah iodine chi an hmang em?

Aw

Aih

5. ICDS programme huam chin.

a. Supplementary Nutrition dawng zat (tun thla chung a AWC huamchhung a cheng nghet te zingah Nutrition ni 21 aia tam dawng)

Category	6 months - kum 2 leh thla 11		Kum 3- kum 5 leh thla11		Total (thla 6 - kum 5leh thla 11)		Naupai	Naupawm
	Girls	Boys	Girls	Boys	Girls	Boys		
SC								
ST								
Adangte								
Total								
Rualbanlo								
Minority								
A pumpuia nutrition pek zat (TPFD) ²								

TPFD²=thla khat chung a naupang in ziak lut, naupai, naupawm nutrition dawng zawng zawng zat belhkhawm

b. Tun thla chhung a khaw chhung a mi AWC kai mumal lo

	Thla 6-kum 2leh thla 11		Kum 3- kum 5 leh thla 11		Total (thla 6-kum 5 leh thla 11)		Naupai	Nau-pawm
	Girls	Boys	Girls	Boys	Girls	Boys		
Tun thla chhung a vawi khat mah kai lo zat								
Tun thla chhung a nikhat tal kai zat								

c. Tun thla chhung a mikhual nutrition pek zat

	Thla 6-kum 2leh thla 11		Kum 3- kum 5 leh thla 11		Total (thla 6-kum 5 leh thla 11)		Naupai	Nau-pawm
	Girls	Boys	Girls	Boys	Girls	Boys		
Tun thla chhung a mikhual nutrition pek zat								

6. Naupang kum 3 - kum 5 Pre-School Education dawng zat.

a. Tun thla chhung a naupang ni 16 aia tam AWC kai zat (a nihna ang zel hian ziah tur)

Category	Girls	Boys	Total
ST			
SC			
Others			
Total			
Rualbanlo			
Minority			

b. Tun thla chhung a an kum a zir a AWC an kai zat

Kum	Girls	Boys	Total
Kum 3 - kum 4			
Kum 4 - kum 5			
Kum 5 - kum 6			
Total			

c. AWC kai ngai lo zat

	Girls	Boys	Total
Tun thla chhung a naupang vawikhatmah AWC kai ngai lo zat			

d. PSE activities chi li tal tun thla chhungin ni engzat nge a neihpui:

e. Tun thla chhungin PSE activity vawi khat tal a neipui zat:

7. Naupang than dan leh nutrition-a an dinhmun (WHO Growth chart atanga an grade pek tur)

(*khawchhung mi te tan chauh*)

	0 m - kum 1		Kum 1- kum 3		Kum 3- kum 5		Total	
	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
I. Tun thla chhung a naupang buk zat (a pumpui in)								
II. Naupang buk zawng zawng zat atangin (a hnuaiah hian grade in then rawh):								
a. Normal (A hring)								
b. An nih tur aia zang deuh (A eng)								
c. Naupang buk zang lutuk (Serthlum rawng)								

8. Vaccine an dawn dan

(i) Tun thla chhung a naupang thla 12 (kum 1) tling zat:

(ii) A chung a mi te zinga vaccine zawng zawng dawng kim zat: (BCG, DPT3, OPV3, Measles 1)

9. Village Health and Nutrition Day (VHND) hman dan tlangpui

Activities	Aw(√)	Aih (X)
a) VHND hman ni tur hi ruat lawk a ni em?		
b) VHND ah hian AWW an tel em?		
c) VHND ah hian ICDS Circle Officer an tel em ?		
d) VHND ah hian ASHA an tel em?		
e) VHND ah hian Health worker/ Health Supervisor an tel em?		
f) Hriselna leh chaw tha chungchang sawi ho na neih a ni em?		
g) Teaching Aid hmang a entir a ni em?		
h) Inlam a hawn tur in nutrition te pek an ni em?		
i) Naupang te invenna pek an ni em?		
j) Vitamin A eitir an ni em?		
k) Naupai te hriselna endik a ni em?		
l) Khawtlang hruaitu te/ VHSNC aiawh te an tel ve em?		
m) VHND neih leh hma in a hnuai a mi te hi pek leh hun tur ruat a ni em?		
	Vaccine	
	Vitamin A	
	Naupai hriselna endik	

10. Damdawi in a Refer

Harsatna / Natna	Damdawi in a Refer zat	Damdawi in a inentir zat
Naupang		
a. Thla kim lova piang		
b. Pem/ pun		
c. Kawthalo		
d. Pneumonia		
e. Khawsik		
f. Naupang buk zang lutuk		
g. Natna dangte		
h. Natna dang te		

Naupai leh naupawm		
a. Thi put		
b. Kaih		
c. Nauvei rei lutuk		
d. Nauchhiat		
e. Khawsik/ bawlhhlawh chhuak		
f. A dangte		

11. Tun thla chhung a monitoring and supervision neih dan.

Sl. No	A hnuai a mite hian tun thla ah AWC-an tlawh em ?	Aw(√) / Aih(x)
A	Circle Officer	
B	Health Worker	
C	Health Supervisor	
D	CDPO/ ACDPO	
E	Medical Officer	
F	ICDS District Officer (DPO)	
G	Directorate atangin	
H	Central Sorkar aiawh	
I	Mi dang atangin	

12. Tun thla chhung a ICDS kaihnawih ni lo hna dang thawh

(Tun thla chhunga ICDS hna nilo i thawh te ziak chhuak la, chumi atan chuan hun engzatnge i hman)

Sl. No	Activities	Hun hman	
		Ni Zat	Darkar/ Ni
(i)			
(ii)			
(iii)			
(iv)			
(v)			

13. Hna thawh that leh that loh tehna

A hnuaiia zawhna te hi chhang rawh:

NOTE: He tehna hi AWW leh Circle Officer te inkarah chauh a ni a, Project MPR ah telh a ngai lo.

I. Tun thla chhung a naupai in ziak lut zat	
1. Chung in ziak lut ho zingah thla 4 pumhlum tawh engzat nge awm?	
II. Thla leh a nau nei tur an awm em?	
1. Chung zingah chuan mi engzatnge nau nei mai tura inbuatsaih nachang hre lo zat?	
2. Chung zingah chuan nau pian veleh a nausen enkawl thei tura in buatsaih nachang hre lo zat?	
III. Tun thla chhunga dam a naupiang zat	
1. Dam a naupiang zingah in a nau nei engzatnge awm?	
2. In a nau nei zingah chuan i tlawh theih loh engzatnge awm?	
3. Damdawi in a nau nei zingah in an lo hawn hnu a i la tlawh theih loh engzatnge awm?	
4. Dam a piang zingah pian veleh a nu hnute tui pek loh engzatnge awm?	
5. Dam a piang zingah thla kim lova piang engzatnge (a nih loh pawh in an pian hun tur aia thla 1 a piang hma)	
6. Dam a piang zingah an pian atanga kar khat chhung a kg2 tling lo engzatnge?	
IV. Tun thla a naupang thla ruk pumhlum tur engzatnge (tuna thla 6-na hmang mek)	
1. An zingah chuan nu hnute tui bak thildang ring engzatnge awm?	
2. An zingah chuan DPT3 la la lo engzatnge awm?	
V. Tun thla a thla 9 pumhlum (Thla 10 na hmang mek)	
1. an zingah nikhatah chaw plate 2 ei tling lo an awm em	
VI. Naupang tun thla a thla 12 (kum 1) pumhlum zat (thla 13na hmang mek)	
1. An zingah chuan vaccine la kim lo engzatnge awm?	
2. An zingah chuan vitamin A first doze dawng lo engzatnge awm?	
3. An zingah chuan nikhatah chaw plate (bowl) 3 aia tlem ei engzatnge awm?	
VII. Naupang 0- kum 3 chhe zual	
1. An zingah chuan tun thla chhung a an rih tur ang zata rit pha lo engzatnge awm?	
VIII. Tun thla a kum 4 pumhlum zat	
1. An zingah chuan AWC ah Pre-School zirtirna dawnglo engzatnge awm?	
2. An zingah chuan in thiar duh sawi nachang hrelo engzatnge awm?	
3. An zingah chuan naupang dang nena infiam ve ngai lo engzatnge awm?	

PART B

14. AWW Huang

(A hnuai a awl ah hian AWW in tha a tih zawng te, a ngaimawh zawng te a ziahchuah na tur. AWW hian Helper ngaihndan pawh a la ve tur a ni)

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.....

.....
(Signature of AWW)

15. Circle Officer ngaihndan leh a bawhzui dan

.....
.....
.....

.....
(Signature of Supervisor)
Name
Date.....

16. CDPO in a lo thlir dan

.....
(Signature of Supervisor)
Name
Date.....

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- i. AWW in Circle Officer kaltlangin a hun diktakah CDPO ah a thehlut tur a ni.
 - ii. CDPO in AWW/ AWH leh Circle Officer te ngaihmanh zawng te a bawhzui sak thin tur a ni.
 - iii. An harsatnate CDPO atanga tihfel theih loh anih chuan Programme Officer hnenah thlen tur a ni.
 - iv. AWC MPR te CDPO in a hmuh a record vek anih hnu ah audit theih turin original MPR hi Circle Officer in a dahtha tur a ni.

