

THREE MONTHS CERTIFICATE COURSE ON GERIARTRIC CAREGIVERS

1. OBJECTIVES : To create a cadre of professional caregiver to provide bed care assistance, palliative care services, emergency and crisis management.
2. CURRICULUM : As per standard guidelines for three months certificate course on Geriartric caregivers given by National Institute of Social defence (NISD), Ministry of Social Justice and Empowerment, Government of India.

- a) Geriartric / Elderly care – Instruction.
- b) Body system, function and related problems in Elderly
- c) Mental health issues / concerns in elderly
- d) Communication, empathy and companionship
- e) Infection control
- f) Nutrition
- g) Positions, comfort, devices and assistive devices
- h) Caring procedures

3. TRAINING PERIOD : 2 months + 1 week

Sl. No	Particulars	Hours	Weeks	Days
1	Theory	120 hrs	6hrs /day X 5 days = 30 hrs / week = 4 weeks	20 days
2	Practical	120 hrs	6hrs /day X 5 days = 30 hrs / week = 4 weeks	20 days
3	Field Exposure	120 hrs	6hrs /day X 5 days = 30 hrs / week = 4 weeks	20 days
4	Soft Skill	40 hrs	6 hrs / day X 7 day = 42 hrs	7 days
5	Assessment	20 hrs	2 hrs weekly	
	Total	420 hrs	12 weeks	67 days